



FROM THE HEART OF OUR COMMUNITY
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SnowCap News

OPEN HEARTS, OPEN HANDS

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SNOWCAP IS A PHILANTHROPIC ORGANIZATION CREATED TO PROVIDE FOOD, CLOTHES, ADVOCACY, AND OTHER SERVICES FOR THE POOR.

2014 in Review

A major accomplishment was the addition of 2000 sq. ft. to our warehouse. We also added 648 sq. ft. of covered outdoor space for outdoor food giveaways. We were also able to add 22,500 sq. ft. of well-lit outdoor space for safe walking for both volunteers and clients, especially on Wednesday nights. This last is a nice plus for the whole neighborhood!

We saw increases in the number of families served in the food pantry and by the mobile food pantry.

There was an increase in the number of students served by the backpack program and the number of children who received books. More people were served in the clothing room and more got bus

tickets. Miraculously, more food was received and more distributed. Thanks be to God, there were also more people who volunteered to work at SnowCap this year.

There was a small drop in demand for off-site food boxes (usually in schools or food stamp offices), community basket, and Saturday meals at the church.

While jobs are increasing, pay is still not enough to support families with children. This is why our typical client family has at least one working member of the household, but they still must come to SnowCap for help.

Let's pray for a more prosperous 2015!

Number of People Served	2012-13	2013-14
Food Pantry	46,411	48,972
Mobile Food Pantry	2,837	5,397
Backpack Program	350	465
Clothes	18,833	19,958
Children's Books	1,087	2,141
Volunteer Hours	17,576	18,844
Lbs of Food Distributed	739,939	1,199,388

THANK YOU VOLUNTEERS!

Whether you're a weekly or monthly volunteer, a once-a-year volunteer or something in-between, you are an important part of the amazing family of more than 1,000 valued SnowCap volunteers. How blessed we are to have such great volunteers who unselfishly give their time and talents to help people in need.

We often hear, "We couldn't have done it without you," and those words never ring truer than at SnowCap. Your volunteerism not only makes our continuing programs

and services possible, but also helps us to keep our overhead expenses very low. Equally important, you provide the face-to-face personal connection between SnowCap, our clients, and supporters.

If you're reading this and you are not currently a volunteer, please consider joining us! There are many, many types of volunteer opportunities available. Assisting clients, working in the office, warehouse or clothing room and delivering food are just a few examples of areas where volunteers are hard at work. For more in-

formation, please contact SnowCap's Volunteer Coordinator Kari at kari@snowcap.org or 503-674-8785 ext. 37.

To all of you who are

current volunteers, thank you so much for your time and work in 2014. We couldn't have done it without you!



Wish List

Baby Food/
Stage 2 veggies

Formula

Canned Fruit

Canned Protein

Blankets

Staples

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.



Board of Directors

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On the Web
www.snowcap.org

Birthday Celebrations:

Alyson Huntting: Bill & Becky Huntting, Mara Stine & Troy Ballew, Merlin Aufdengarten

Barbara Karlstrom's Grandchild: Barbara Karlstrom

Bev Dixon: James Dixon

Diane Liefeld: Ben & Kim Moore

Hank Lewis: Louise Dix

Judy Alley: Merlin Aufdengarten

Honors:

Alice Clements: Ivan & Phyllis Gillam

Alyson Huntting: Bill & Becky Huntting

Amy & Ryan Pearson: Gary & Pamela Pearson

Anah Bufton: Frederick & Connie Erickson

Anil Shah: Ken & Sue Hirai

Art & Joan Fossum: Walter & Florence Lersch

Barbara Coates: Barrett Thomes Codieck

Behn Family: Walter & Sherry Behn

Bryan & Kimella Modrall: Dorothy Felker

Carlotta Allin: Deane & Nancy Allin

Carolyn Croker: Elizabeth Webber, Margaret Ford

Christy Strong: Mary Lu Spencer

Cindy Edwards: Blair Loudat

Cindy Quintanilla: Blair Loudat

City of Troutdale, AFSCME Local 3132: John Joseph Bushard

Dick & Irene Reinisch: Arthur & Carol Wahlers

Diona Wagoner: Robert & Peggy Fujimoto

Doloris Sharadin: Arthur & Carol Wahlers

Don Frueh: Ruth Johnson

Dorothy Felker: Frederick & Connie Erickson

Dottie Tillstrom: V Lael Hays

Doug & Kathy Henderson: Jason & Tammy Willet

Dr & Mrs Hans Spaltcholz: Arthur & Carol Wahlers

Dr & Mrs Joel Schuldheisz: Arthur & Carol Wahlers

Dr & Mrs John Scheck: Arthur & Carol Wahlers

Elizabeth Webber: Margaret Ford

Hal & Anna Rosene: Mary Rose

Harry Family: Jenell Harry

Hank Lewis: Keith Lewis

Hilary Burns: Melanie Kemper

Hillary & Arden Reno: Gary & Pamela Pearson

Howard Mark Budlong: Joan Albertson

Jacqueline Burns: Diane Abild

Jane Gibbs: V Lael Hays

Janet Rich: Doris Vinnedge

Jeff Hays: V Lael Hays

Jenell Harry: V Lael Hays

JoAnn Wright: V Lael Hays

Ken & AlmaLou Tischler: V Lael Hays

Ken Rich: Tom & Patricia Rich

Kevin Hays: V Lael Hays

Larry Tillstrom: V Lael Hays

Lee & Cindy Vanderwerff: Tyler Duvall

Len & Gloria Otto: Kenneth Otto

Linda Kidby: Walter & Sherry Behn

Lorelea McAfee Einwaller: Noel Wardwell

Margaret Ford: Elizabeth Webber

Marian McBride: Mark McBride

Marla Shuman: Blair Loudat

Mary Jane Everist: Mary Lu Spencer

Mary Rossman: Ken & Sue Hirai

Mr & Mrs John Scheck: Arthur & Carol Wahlers

Mr & Mrs Ken Sievers: Arthur & Carol Wahlers

Mr & Mrs Norman Carlson: Arthur & Carol Wahlers

Mrs Alvin Mack: Arthur & Carol Wahlers

Nancy Harper: Elizabeth Webber, Margaret Ford

Nancy Hassebroek: Sharon Rich

Patricia Berger: Covenant Presbyterian Church

Patricia Morton: Deane & Nancy Allin

Patricia Kahler: Ruth Seymour

Patsy Edwards: Alan Edwards

Paul & Rita Schwarzkopf: Richard & Laurie Schwarzkopf

Regina Blake: Kammy Breyer

Robert Trappe: Elizabeth Trappe

Sharon Rich: Tom & Patricia Rich

Steve & Donna Wallace: Ken & Sue Hirai

Steve & Jill Carlson: Arthur & Carol Wahlers

Tom & Pat Rich: Sharon Rich

Vicki Chambers: Blair Loudat

William & Katherine Lamb: Richard & Charlotte Zeller

Memorials:

Albert & Edna Wersch: Diane West

Allen Weston, Jr: Gretchen Weston

Beth Satchfield Lewis: June Satchfield

Caren Jackman: Ramon & Mary English, Gary Hooper, Mark & Judith Brennan

Carol Tracy: Ann Tracy

Clara Abbott: Barbara Krieg, Gary Abbott, Barbara Gault

Colleen Morgan: George Shoemaker

Conrad & Helen Spady: Ramona Roberts

Dick & Irene Reinisch: Arthur & Carol Wahlers

Dick Cooley: Michael & Patricia Whiteford, Paul & Jane Hart

Doris Schneider: Racquel Casciato

Earl Balzer: Thayne & Mary Anne Balzer, Dennis & Ronna Unger

Elsie Cooley-Ackerson: Gordon & Darlene Story

Fred Powell: Rose McGrath

George & Frances Dean: Gretchen Weston

George Morton: Deane & Nancy Allin

Helvi Walvogel: Margaret McReynolds

Herb Frison: Gretchen Weston

Howard Mark Budlong: Charles & Gloria Ross

Jacqueline Burns: King's Lakeside Park & Water Assoc

Janet Rich: Sharon Rich

Jerry Tilkens: Robert & Carol Law

Jim Allin: Deane & Nancy Allin

Joe Gomoll: Eric & Shauna Bishop Noon

John Ewing: Annette Ewing

Joe Blaser: Eloise Blaser

Kent Cumming: Corinne Cumming

Lewis Roberts: Ramona Roberts

Lillian Manning: Elsie Johnson

Lois Balzer: Thayne & Mary Anne Balzer, Dennis & Ronna Unger

Lorraine Bodack: Ralph & Orpha Neils

Louise Kersey: Chuck & Sandra Schwartz

Lyle Cumming: Corinne Cumming

Margarete Carlson: Arthur & Carol Wahlers

Mark Anthony: Diane Elizondo

Mary Nelson: Anonymous donor

Mary Green: Joseph & Rosemary Knox

Melissa Stough: Larry Carroll

Orville Springer: Anna Jene Springer

Paul Satchfield: June Satchfield

Randy Randleman: John & Rebecca Snyder

Robert Hays: Jenell Harry, V Lael Hays

Sam Avery: Sam & April Avery Family Trust, Curtis & Barbara J Close

Sam Wolsborn: Glendoveer Mens Club (GMC HAM Foundation)

Stacy Kelley: Sharron Kelley

Teri Shae: Steven & Karla Hofmann

Tom & Ruby Leonard: Richard & Margaret Leonard

Veona Postlewaite: Joan Scherer

In Lieu of Christmas gifts:

Adults in the family: Abelareo Alvarez Jr

Barbara Karlstrom: Thomas & Shelley Caufield

Bill & Becky Huntting: Alyson Huntting

Jim & Diane Liefeld: Ben & Kim Moore

Christina

Christina is a bright young single mother of three who's been grateful to have SnowCap as a resource over the past couple of years. During that time, we've come to know her and her family. Until recently, Christina was attending community college, but when money got tight, she had to put school on hold to get a job. With no job skills and little experience, it was hard to find employment. She was lucky enough to land a part-time job as a cook. After a few months, she was offered a full-time position. Still, full-time work at a low wage wasn't always enough to make ends meet.

While visiting the pantry in October, she mentioned to a volunteer how worried she was about the up-coming holidays. Finding herself without enough money to buy sufficient food and struggling to pay rent, she couldn't see how she could provide her family with a merry Christmas. Luckily, she had come to the right place and shared her concerns with the right people!

Our kind volunteer encouraged her to fill out an application to take part in SnowCap's Adopt-A-

Family program. After meeting for her interview with Deontrel in Client Services, she found out that she had been approved!

Christina's family was "adopted" for Christmas by a group of generous people at a local business. Those wonderful sponsors provided everything the family needed to make the season bright: wrapped gifts to put under the tree, a few clothing items, a turkey and festive foods, a gift certificate to Big Al's for some fun together-time, and an extra blessing -- funding to help with the rent.

SnowCap's Adopt-A-Family program was able to provide a Christmas for 43 families like Christina's this holiday season, all because members of our community stepped up their efforts to help each other during this special time of year.



Giving is Simple

Did you make a New Year's resolution to simplify your life? SnowCap can help you keep your resolution.

We all find that some days are just not long enough. We try to get everything on our list done and even squeeze in a few extra things. Many of us think that maybe this will be the day I can drop off that clothing at SnowCap. Or perhaps today, I can go to the store and buy that extra case of vegetables to take to the SnowCap warehouse. These are all good things to do to help SnowCap provide food and clothing for the hungry. Even on days where time is at a premium, you can still contribute to the SnowCap mission.

It's easy. Visit the SnowCap website (www.snowcap.org) and select the "Donate Now" button. From this page you can choose to make a one time or recurring donation. You can even make this donation in honor or in memory of someone by filling out the message at the bottom of the page.

In the 2013-2014 fiscal year, over half of Snow-

Cap's cash contributions came from individuals who sat down and wrote checks or gave online through the website. Cash giving from churches comprised 7 percent and 12 percent of the operating income came from businesses and organizations. So you can see how important your individual giving is.

In this new year, please remember the hungry and the working poor. Click a button and feel good in knowing that you helped to provide for their needs.



The View from My Corner

Imagine that you're a single parent with two small children who's just been to SnowCap for assistance. The kids are getting hungry and are overly tired. Now you've got to convince them to be on their best behavior as you struggle to pull your shopping cart onto the bus.

You turn around to find there are no open seats,

so you pull your children and your cart in close, and try to keep everyone from toppling over as the bus pulls away from the curb.

The first time I considered this scene, from then on, I knew that each time I loaded groceries into my trunk, I would be grateful for the convenience of my car. Many who come to SnowCap for food and clothing can't afford that simple convenience that some of us take for granted.

Like the elderly man who tells us he can only take one bag of food – it's all he can carry the 14 blocks back to his apartment complex. By the time he reaches home with the food that will get him through the next few days, his arms are tired and sore and he's relieved to set that precious single bag down on his counter top.

Transportation is a special challenge for low income folks living in East County. This is why SnowCap operates a Mobile Food Pantry and a delivery program for seniors. We need more volunteers to make both of these programs work.

Contact Kari (kari@snowcap.org or 503.674.8785 ext. 37) if you'd like to help.



The Transportation Effect

In the month of December, about 1 in 4 families who visited SnowCap reported using public transit or walking to access our services. This means a quarter of clients who walked through our door for help walked back out into the cold with their arms full of groceries to board a bus or get home on foot.

Walking is an option for those who are healthy and geographically close enough to our location, but many simply live too far away to get here using legs alone. While our local bus and rail system is one of the best in the nation, the further you get from downtown Portland, the system becomes sparser. This makes it difficult for people we serve to reach us. Riders might experience long waits for busses and routing may require someone to change lines several times to get to SnowCap. The cost of rid-

ing transit is also an additional burden for many that they can scarcely afford. An adult 2 hour ticket costs \$2.50, and an adult monthly pass costs \$100.00.

Transportation issues are a reality for a large portion of our low income neighbors in East County. According to a recent study, Rockwood averaged 0.8 cars per household. Fewer cars and fewer bus lines mean a big problem for getting around, including accessing programs for assistance that some desperately need.

Working in conjunction with Ride Connection, a local non-profit which is dedicated to providing responsive, accessible transportation, SnowCap distributes 125 TriMet tickets each month. We know transportation is a hardship for many, so our Mobile Food Pantry now visits more sites than ever. SnowCap will continue to keep this issue in mind as we head into the future to ensure that help reaches those in need.

Volunteer Opportunities

Phone Receptionist: Be the friendly human voice that helps people in need find their answers. Work in a busy, but friendly office with people who are there to help. Day shifts available.

Home Delivery Driver: On the 4th Wednesday of each month deliver groceries to low income seniors and disabled persons. Pick up food boxes between 5 & 7 PM. Deliver no later than 8 PM. Must pass background check and driver's license approval from our insurance carrier. Must be able to carry 25 lbs comfortably.

Clothes Sorter: Need good eyes and some fashion sense. Sort through donated clothing to see what makes the cut. Hang the good stuff in the clothing room. Pack the bad stuff in to bags for further donation.

Pantry Worker: This person must be able to stock shelves and cookers. Must also be able to serve as personal shopper, explaining choices to clients. Recipes are available. Not all clients are English speakers. This is a hands on way to help your neighbors in need.

Interviewer: Front counter person needs a smile and a welcoming demeanor to help people through a difficult experience. Learn the rules so well you don't have to think about them. This allows you to concentrate on the person in front of you. What do they need? If you want to put your faith into action the front counter at SnowCap is the place to serve.

SnowCap's 13th Annual Dinner Auction

We will be at the Holiday Inn
(8439 NE Columbia Blvd, Portland)

Saturday, March 14, 2015 - 5 PM to 9 PM

Seats are \$60 per person if
bought before February, 15, 2015,
\$65 if bought after February 15th.

Visit our website at www.snowcap.org
or contact Alicia at Alicia@snowcap.org
or 503.674.8785 ext. 17 to reserve
your seat!