P.O. Box 160, Fairview, OR 97024 ● www.snowcap.org ● email: judy@snowcap.org ● Phone: 503-674-8785 ● Fax: 503-674-5355

Snow Cap is a philanthropic organization created to provide food, clothes, advocacy, and other services for the poor.

Helping Hands and Warm Hearts

Many creative people in East County believe it is important to use their talents to make a difference for people in their own community.

A business in downtown Gresham certainly kept that in mind when they made a choice to support SnowCap. Littlelamb and Ewe, a yarn shop that opened about two years ago, provided space for a group of knitters who wanted to work on various projects. Some in that group wanted to be able to donate their projects to charity. When choosing who would be the recipient of their knitwear, Cindy Lash, Littlelamb's owner, thought it was important

to make a difference in her own neighborhood. Although that group no longer meets at the shop, Cindy still has customers who donate yarn for knitters and other people who bring in their finished products for Cindy and her manager, Katie Stockwell, to donate to SnowCap. Cindy says she loves being able to

act as a conduit between the artisans and those in need.

Another group in the area who knits, crochets and even quilts for SnowCap can be found working on their projects at Covenant Presbyterian Church. This group, Handmade with Love, began in 2004 as part of the church's mission work. In 2007, they decided to use their talents for local mission and began to give their baby sweaters, scarves, slippers, quilts and other completed designs to SnowCap. This group of about 8 to 10 women work all year long to produce warm clothing and blankets for SnowCap's clients. They set aside one Sunday each year to display their work

at the church before taking it to SnowCap at Christmas time. In 2014, their labors totaled 38 pounds of goods.

Gifted people in our area have chosen to share those gifts to help keep SnowCap's clients warm. For

that, we are grateful!



Legacy of a Giving Heart

Jeffrey Wallace, son of Anna Wallace, died peacefully in his sleep in early February 2014.

Jeff was paralyzed in a diving accident in the late 80's, but never showed any self-pity. He continued to live for the day, thankful for what he had rather than dwelling on what he had lost. He always wanted to help others wherever he could. His mother Anna, a SnowCap client herself, told me a story of how one winter, after his accident, he heard that there were some folks in need of coats. He was living in a care facility at the time, safe

and warm.

"He called me and said,
'Mom, go to my house and
go through my coat closet.
There are plenty of coats in
there that could be used by
people who need them," Anna
recalled. And that's just what
she did. The warm clothing
that Jeff was no longer using,
she collected and took for
donation.

"No matter his situation, he always wanted to help those less fortunate than him, and I want to honor him however I can." Anna told me when I

saw her last. Shortly after the one-year anniversary of his death, Anna came to SnowCap bearing over 100 pounds of coats and blankets. She had collected these from family, friends and from what Jeff had left behind. Wonderful SnowCap volunteers quickly sorted and put out her offerings, and within the day, all those blankets and coats had been distributed to grateful clients who needed them so urgently during the cold season.

Even though Jeff is gone, his legacy of giving lives on. His

story is inspiring and reminds us that we all have something to give. Even the spirit of giving is in itself a gift, and one that Jeff has left for those who love him.



The Lettuce Fairy

I've done nutrition outreach in south-east Portland for over nine years, serving two school districts and many community sites, including DHS (Department of Human Services) and SnowCap. This gives me the opportunity to reach diverse audiences, youth to senior citizens, often seeing folks in many different venues. Last week I provided a Food Hero food demonstration at a DHS site and met a woman who relies on the services at SnowCap.

She was mid-fifties, and shared that she manages food resources, stretching the \$47.00 in SNAP (Supplemental Nutrition Assistance Program) benefits by regularly visiting food pantries. I asked if she goes to SnowCap and with great appreciation, she shared this story.

On the last day of the month, she remembered that she was eligible for a food box at SnowCap. It was late in the afternoon, so she hurried out and arrived just as SnowCap was closing for the day. She felt thankful as the "gentleman at the door" welcomed her in and helped her sign in for services. She remarked about how gracious everyone was as she shopped for food. Just as she was leaving, she was offered a case of lettuce. SnowCap received a huge donation of perishable veggies and hoped to get the food delivered to clients.

She took the case of lettuce even though her sister protested "What are you going to do with a case of lettuce?!" When she got home, she began knocking on doors at the trailer park she lives in. First, she called on people she knew, then she got brave and started reaching out to neighbors she had never met. She said she felt like the Lettuce Fairy! She had the best fun, sharing resources and making new friends.

We know from research how poverty affects people, how hard people have to work accessing food. A story like this also reminds us that organizations like SnowCap provide the much needed resource of food and nourish people's hearts as well.



Non-Cash donations can have big impacts for SnowCap

There are many ways that you can help SnowCap that don't involve a cash contribution. First and foremost, volunteering helps to keep our overhead low allowing us to use 92 cents of every donated dollar for client services. Your food donations also save many dollars. Here are some other, and perhaps less known, ways to donate that can add up to significant gifts:

Fred Meyer, Gresham Ford and Amazon. com each have community programs where a portion of the money you spend with them is donated back to SnowCap. If you are not already participating in these programs, here are the links for finding further information:

- https://www.fredmeyer.com/topic/community-rewards-4
- https://smile.amazon.com/
- http://greshamford.com/Service.aspx

You can also make a donation of any of these gladly accepted items weekdays from 9-3 at the Pine Street donation area:

- Books these go to Books 4 Giving, a program which then donates children's books back to SnowCap for distribution to our clients
- Clothing for children, men and women.

Clothing should be clean and in good condition

• Clean plastic and paper bags – shopping and storage bags

SnowCap has an eBay account where donated items are frequently sold. Items need to be in good condition and of a size and weight that is practical for shipping/mailing. Recent items that have been sold on eBay include: jewelry, sports bobble heads, vintage dolls/ teddy bears, Christmas ornaments/tableware and collectible plates, vintage linens, purses and books. A list of ideas for items that are good sellers on eBay is available for viewing at http://www.snowcap.org/Donate.aspx. Not everything donated will sell, but it is nothing short of amazing what other people are looking for and are willing to purchase.

There are doubtless other good ideas for donation items. If you have an idea, please let us know. If you have questions about any of this information, please contact Alicia at alicia@snowcap.org or (503) 405-4293.

AUCTION
RESULTS

To see the results of our 2015 Annual Auction, please visit us on the web at www.snowcap.org. See what we did together this year and how much of an impact can be made in a single evening!

\$

Come Volunteer!

Have you ever thought of volunteering at **SnowCap?** Volunteers are vital to SnowCap's success. They provide their time and talent to SnowCap, which in turn keeps overhead low. Without the hundreds of volunteers and the thousands of hours donated each month. SnowCap's ability to assist those in need would be crippled.

Who volunteers? Some volunteers have been with SnowCap for many years and find assisting those less fortunate to be very rewarding and fulfilling. Many volunteers come to SnowCap from local churches that support SnowCap monetarily and encourage volunteerism. As an examples, you will find a current SnowCap client who volunteers and wishes to pay it forward to help others obtain the same support she receives; a retiree who wants to be busy but at the same time wishes to do something meaningful; a pensioner who enjoys the comradery of working with others and at the same time helping those who are

less fortunate; and there is the wife of a recent retiree who looks forward to a weekly break from her much-loved husband which in turn gives him a break from her.

Why should I volunteer? Both our staff and existing volunteers are friendly, and caring and dedicated to making the community a better place. SnowCap treats their clients with kindness and respect. Your volunteer time enables SnowCap to operate efficiently, with 92 percent of revenue going directly to client services.

How do I volunteer? It's easy. First, contact the Volunteer Coordinator for SnowCap at kari@snowcap.org or (503) 405-4298. Attend a short orientation meeting after which you will select a day of the week that you are able to work and an available position (such as pantry worker, interviewer, clothing sorter, data entry, etc.). Now you are ready to help those families, seniors and individuals who are the most vulnerable in your community.

Birthday Celebrations:

Adam Duran: Barbara Karlstrom

Kevin Hays: V Lael Hays **Mara Stine:** Mary Stine

Rosalie Newman: Irene Standley, Debra Newman

Stacey Foreman-Shirley: Barbara Karlstrom

Honors:

Diane Sherwin: Marshall & Pat Sherwin

Evelyn DeYoung: Jo Callister Hank Lewis: Treephoria Helen King: Judy Sherwin

Ray & Carol Broyles: David & Kathy Dunford

Memorials:

Alice Jean Smith: Perry Jackman

Arliss Rolph: Betty Pogue

Beth Satchfield Lewis: June Satchfield
Bill & Dorothy Hardin: Victor & Margaret
Stockman, Carol Weber-Reeve, Sharon Nesbit
Bill & Elsie Cooley: Michael & Patricia Whit-

ford

Clara Palmblad: V Lael Hays

Darlene Greenough: Louise M Burt, Merlin

Aufdengarten, Anonymous

Dick Cooley: Janet Cooley McChesney

Don Chalmers: Perry Jackman **Elsie Greenough:** Anonymous

Mark Budlong: Diana Gustafson, Robert E &

Elizabeth Trappe

Janet S Rich: Nancy Hassebroek

Joe Blaser: Eloise Blaser

Kurt Kisslein: Timothy & Andrea Hills

Lowell & Kay Gilbert: Marion & Ann Unruh Maxine Rodabaugh: Mary Jane Sorber, Rich-

ard & Eileen Young

Muriel Fitzpatrick: Patricia Morton, Marilyn

Focht, Don & Jeannette Russell, Ivan & Phyllis Gillam

Nadine Aufdengarten: Merlin Aufdengarten

Paul Satchfield: June Satchfield **Sam Avery:** James & Lynda Hopkins

Valerie Lundy: Jill Bradley

Virginia Morris: Harold & Lois Lasley



C.R.O.P.S.

Volunteering Solicitation

C.R.O.P.S. is a program that uses surplus county land for a vegetable garden and donates its harvest to SnowCap to feed hungry Oregon families. They are looking for volunteers to help with the planting, weeding and harvesting – no experience required! Please contact Jerry Hunter at (503) 867-6043 or e-mail him at jerry.w.hunter@multco.us.

Planning a Gift to SnowCap

Have you ever thought that you would like to plan for SnowCap's future by making a long term commitment?

Anyone can leave a gift to SnowCap. We call these legacy gifts. The most common and doable legacy gift is a charitable bequest or beneficiary designation.

Bequests: Your will names the people and charities most important to you. You can specify a dollar

amount or
percentage of
your estate to
those individuals
and charitable
organizations.
Another option is to
leave the residual or
remainder of your
estate to SnowCap.
Your attorney
can help with the

specifics, but here is some sample language for a simple bequest: I give, devise and bequeath (fill in whatever works for you here) to SnowCap Community Charities, Gresham, Oregon, tax ID# 23-7121915, an Oregon nonprofit corporation.

Beneficiary designations: Beneficiary designations appear in retirement plans and life insurance policies. Your company and insurance agent can provide you the forms to add Snowcap as a recipient of those funds. Like a bequest, you can name a dollar amount or percentage.

Other options: CD's, bank and brokerage accounts, can be assigned. These are payable on death (POD) or transfer on death (TOD). The bank or brokerage company has the

documentation you need to complete. This requires the charity's name and tax id#, SnowCap Community Charities 23-7121915

Annual gift endowments: Endow a gift to SnowCap. For example, Mary gives SnowCap \$100 annually and would like to continue giving that gift even after her death. Mary talks with Arlene at Oregon Community Foundation (OCF) and sets up an endowment, which is funded with a bequest in her will of \$2,000. That \$2,000. (the principle) is taken from her estate at the time of her death and managed by OCF. The income earned by Mary's

endowment
will fund
her annual
\$100 gift to
SnowCap
long after
she is gone.
The principle
can produce
income for
SnowCap in
perpetuity
since it

en·dow·ment (en'doumant)

noun: A fund that is made up of a bequest which is subject to a requirement that the principal be maintained intact and invested to create a source of income for an organization.

remains invested and wisely managed by OCF.

Additional ways to support SnowCap include Charitable Gift Annuities and Charitable Remainder Trust. These provide you with a life income stream and the remainder supports SnowCap. With our Oregon Community Foundation partnership, you can reach out to Arlene Siegel Cogen (503.944.2123 or ACogen@oregoncf.org) to discuss these options. She is very knowledgeable.

Each person's situation is different, so it is important to consult with your tax professional before making such a gift. Please consider how you can continue your support for SnowCap far into the future.







Return Service Requested

Wish List

Toothpaste
Tooth brushes
Diapers
Peanut butter
Tuna



IN ACCORDANCE WITH
FEDERAL LAW AND
U.S. DEPARTMENT OF
AGRICULTURE POLICY,
THIS INSTITUTION
IS PROHIBITED FROM
DISCRIMINATING ON
THE BASIS OF RACE,
COLOR, NATIONAL
ORIGIN, SEX, AGE, OR
DISABILITY.



Board of Directors

Merlin Aufdengarten Diane Liefeld
Alisa Karin-Bean Blair Loudat
Rev. Pat Berger Jim Mahnke
Sarah Gulde Rusty Simms
Darryl Hill Charlie Stanley
Rev. Tom Hiller Tom Weldon

Newsletter Committee

Judy Alley – Editor

Vern Groff – Graphic Designer
Richard Kiely – Printer
Alicia Biastock
Carlene Weldon
Danni Mooney
Gretchen Weston
Kathy Dunford

On the Web www.snowcap.org